Frequently Asked Questions

How do I know that the recorder is still working?

Your recorder is activated during application and records continuously for the entire prescribed duration. Following activation, no lights will illuminate, and it is not possible to stop recording prematurely.

The central part of the recorder is not in contact with my skin, is this normal?

Yes. The recorder measures heart activity through the electrodes. It is normal that the central part of the recorder does not make permanent contact with the skin. This does not affect the recording.

Can I continue with exercise while I wear the CardioSTAT recorder?

You can go about your usual activities including sport but avoid excessive sweating.

What should I do if the recorder detaches from the electrodes applied to my skin?

If the recorder detaches from one or both of the electrodes, simply reattach it and note the time and duration of the detachment in your patient diary.

I need to change the adhesive discs; how do I do that?

The adhesives should be replaced if they become detached or uncomfortable. Should you have any questions, refer to Steps 2-4 in the patient manual. Should you require assistance, please contact lcentia Technical Support.

What should I do if I feel discomfort or irritation under the adhesives?

It is normal to feel a slight tingling sensation under the adhesive surfaces after application. If you notice irritation or if you experience a significant and persistent itch, remove the recorder and the adhesives. If in doubt, please contact your health professional.

Do I have to return the patient diary in the envelope with the recorder?

Yes, you should always return the patient diary with your CardioSTAT recorder, even if you have not written down any information.

Need Help?

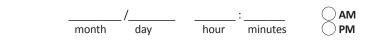
Contact our Technical Support: UK: 0800 124 4862 ext.2

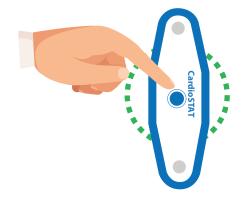
Ireland: 01 697 1821 ext 2 support-uki@icentia.com

CardioSTAT®

Patient Diary

I applied my recorder on...

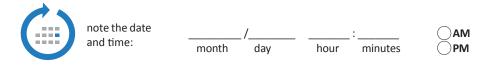




Record your symptoms

The symptom event button located in the centre of the CardioSTAT enables you to report symptoms during recording. **Press the event button** once every time you experience a symptom, and record the symptom type in your diary.

I need to remove it on...



You will need to wear your recorder for the entire prescribed duration.



Diary

PLEASE LOG:

The date and precise time of all your symptoms with the level of intensity of the activity. The date and time at which you removed the recorder at the bottom of this page.

CardioSTAT.

| Date MONTH / DAY | Time HH : MM | | I felt the following symptom(s) | | | For this long | At rest | During a physical activity | | |
|--|-----------------|------------------|---------------------------------|---------------------------|-------|---------------|------------|-------------------------------|-----|------|
| EXAMPLE JAn/ 15 | <u>11 : 35</u> | ∑ AM ○ PM | Palpitations | Dizziness Short of breath | Other | 10 minutes | | × Low | Med | High |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness Short of breath | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness | Other | | | | | |
| / | : | ○ AM ○ PM | Palpitations | Dizziness | Other | | | | | |
| | I the CardioST | /_ month | day hh | : mm | 0 | AM PM | | | | |
| The prescribed duration Please tell us the reason: | | | | | | | | | | |